

**KARA K. LITTLE, D.C.**

**EDUCATION:**

NEW YORK CHIROPRACTIC COLLEGE - Seneca Falls, NY  
Doctor of Chiropractic, August, 2001  
Graduated Cum Laude  
Consecutive recipient, Dean's List  
Recipient, Academic Scholarship

TOWSON UNIVERSITY - Towson, MD  
Major - Biology  
Bachelor of Science - June, 1995  
Consecutive recipient, Dean's List

**PROFESSIONAL  
EXPERIENCE:**

- 9/02 - Present **MULTI-SPECIALTY HEALTHCARE** - Baltimore, MD  
Chiropractor  
Associate Doctor in both a family practice and personal injury setting.
- 4/02 - 9/02 **FIRST CHIROPRACTIC** - Associate Doctor  
Associate doctor in both a family practice and personal injury setting while primary doctor was on maternity leave
- 11/01 - 2/02 **DRS. ADOLPH & KALKSTEIN** - Cover Doctor  
Duties included new patient examinations, roentogenic examinations, development of treatment plans, diagnoses and treatment of patients
- 1995 - 1997 **DRS. ADOLPH & KALKSTEIN**  
Duties included ancillary and physiological therapeutics, assisting patients with rehabilitative strengthening and exercise, roentogenic development, front desk duties, insurance verification and authorization

**RELATED  
EXPERIENCE:**

Chiropractic Intern - 1/01-8/01  
Syracuse Chiropractic Health Center - Syracuse, NY  
Two semester senior internship in an outpatient DC supervised health center with focus on complete patient care

Duties included: Thorough initial physical and neurological examination, focused orthopedic examination, roentogenic examination, development of treatment plans, detailed narrative preparation and treatment and rehabilitation including CMT and physical therapy.  
Consultation with patients and family members to encourage sound health care practices.

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Chiropractic Intern - 5/01 - 8/01  
Salvation Army Rehabilitation Center  
NYCC Outreach Program providing chiropractic care to patients during their recovery

**LICENSES AND**

**CERTIFICATIONS:** National Board of Chiropractic Examiners  
Parts I, II, III, IV and Physiotherapy completed

Maryland license to practice chiropractic with physical therapy privileges  
Obtained 11/01

Massachusetts license to practice chiropractic  
Obtained 2/02

CPR and Emergency Cardiac Provider  
Certification through the American Heart Association

**FACULTY**

**PRESENTATIONS:** "Effect of Phasic Exercises in the Rehabilitation of the Post-Whiplash Patient"  
Presentation describing the anticipated effects of phasic exercises to decrease pain and increase cervical spine range of motion in the post-whiplash patient, July, 2001

Case review: "Treatment of a middle aged female with Thoracic Outlet Syndrome persistent after cervical rib, first rib and anterior scalene resection"  
Case review of a patient with 75% improvement in symptomatology after 19 visits. Patient suffered left arm pain, numbness and weakness for years resultant from previous acceleration/deceleration injuries. Her diagnosis in our facility was persistent Thoracic Outlet Syndrome resultant from excessive scar tissue formation and upper crossed syndrome. Treatment consisted of Diversified manipulative techniques, manual soft tissue manipulation and muscular strengthening. After 19 treatments patient reported 75% improvement. Grand Rounds presentation, April, 2001.

**CONTINUING**

**DEVELOPMENT:** AK Seminar  
Activator seminar  
Zero Balancing seminar